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In praise of cooking gas subsidies: transitional fuels to advance health and equity*

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E-mail: cagould@health.ucsd.edu**Keywords:** clean cooking, energy access, policy, climate and healthSupplementary material for this article is available [online](#)**Abstract**

Households that burn biomass in inefficient open fires—a practice that results in \$1.6 trillion in global damages from health impacts and climate-altering emissions yearly—are often unable to access cleaner alternatives, like gas, which is widely available but unaffordable, or electricity, which is unattainable for many due to insufficient supply and reliability of electricity services. Governments are often reluctant to make gas affordable. We argue that condemnation of all fossil fuel subsidies is short-sighted and does not adequately consider subsidizing gas for cooking as a potential strategy to improve public health and reduce greenhouse gas emissions.

Fossil fuel subsidies are broadly condemned as economically and environmentally detrimental. We argue that, for the case of subsidized fossil fuels for cooking targeted at the rural poor, this condemnation is myopic and deepens health and energy inequities. Subsidizing gas for cooking can help more than 400 million marginalized and vulnerable households avoid the large health and climate costs associated with traditional biomass cooking. Equity-focused targeting ensures subsidies reach populations that would benefit most, and mitigates ongoing concerns about inefficiency and waste [1, 2].

Many—including policy actors, economists, and environmentalists—contend that subsidies, especially for fossil fuels, are an inefficient allocation of

resources that generate large fiscal burdens, are disproportionately captured by the wealthy, and that crowd out better policy and financial alternatives [3, 4]. We agree. Fossil fuels harm the climate. They account for 75% of global greenhouse gas emissions [5]. Fossil fuels also harm human health. They are responsible for millions of premature deaths yearly from ambient air pollution [6].

Of course, fossil fuels have also powered modern life for well over a century. However, recent scale up of reliable, low-cost, and clean renewable energy indicates that these energy sources can facilitate continued economic growth and reduce the harms that fossil fuels cause to planetary and human health. The distribution of these benefits is, unsurprisingly, unequal; for much of the world, this clean energy future is a long way off. Today, biomass (firewood, dung, crop residues, charcoal) combustion in traditional stoves for cooking and heating emits pollution

* Our title draws inspiration from Kirk R. Smith (2002) 'In praise of petroleum?' *Science* and Kirk R. Smith (2014) 'In praise of power' *Science*.

responsible for 4% of all premature deaths and 2% of global carbon dioxide equivalent (CO₂e) emissions [7, 8]. Under current policy commitments, 30% of the global population will lack access to modern cooking fuels (gas and electricity) by 2030 [9]. Waiting for existing policies or the free market to close these gaps forces marginalized populations to continue inefficient, polluting cooking practices. [7, 8]

Arguably, the most viable solution available in the near-term for reducing the harms of inefficient biomass combustion is liquefied petroleum gas (LPG), a blend of propane and butane stored in stable, transportable cylinders. As compared to using biomass, those that cook with gas experience much lower air pollution exposures [10, 11] and produce fewer greenhouse gas emissions when accounting for unsustainable wood harvesting [12]. However, biomass-reliant households are often too poor to afford near-exclusive LPG use [13], which is required to substantially reduce air pollution exposures and improve health.

Gas subsidies can address multiple market failures that limit LPG adoption and use. Subsidies can alleviate financial constraints faced by biomass-dependent households resulting from low incomes or restricted access to credit. LPG subsidies also can reduce the myriad external costs of biomass combustion, including higher household and ambient air pollution and greenhouse gas emissions, adverse health outcomes, and landscape degradation. Information campaigns to promote the benefits of cleaner cooking, which could avoid or reduce subsidy deployment, have not been successful in increasing gas consumption. It is increasingly clear that costs are the primary barrier to widespread and near-exclusive LPG use [13–15]. Still, the prospect of making cooking gas affordable through sustained subsidy mechanisms, even as a transitional fuel, is not widely considered a viable policy choice.

These types of targeted and sustained subsidies may be applicable to other fuel types, including biogas, ethanol, and electricity. Unlike LPG, however, each of these alternate solutions face substantial challenges: biogas has high capital costs, requires regular maintenance, may leak methane, and may not be geographically or culturally appropriate [16]; ethanol supply chains are under-developed to provide the fuel at scale [17, 18]; and electricity, while an ideal solution when from renewable sources, is often insufficient in supply for cooking [17, 19–22]. Given these constraints, LPG has emerged as the most likely candidate clean fuel to meaningfully address the health and climate harms of biomass cooking at scale globally.

We thus focus on three country case studies in Ecuador, India, and Kenya to quantify the health and climate benefits accrued by reduced reliance on

cooking with biomass fuels in the presence of affordable, subsidized LPG.

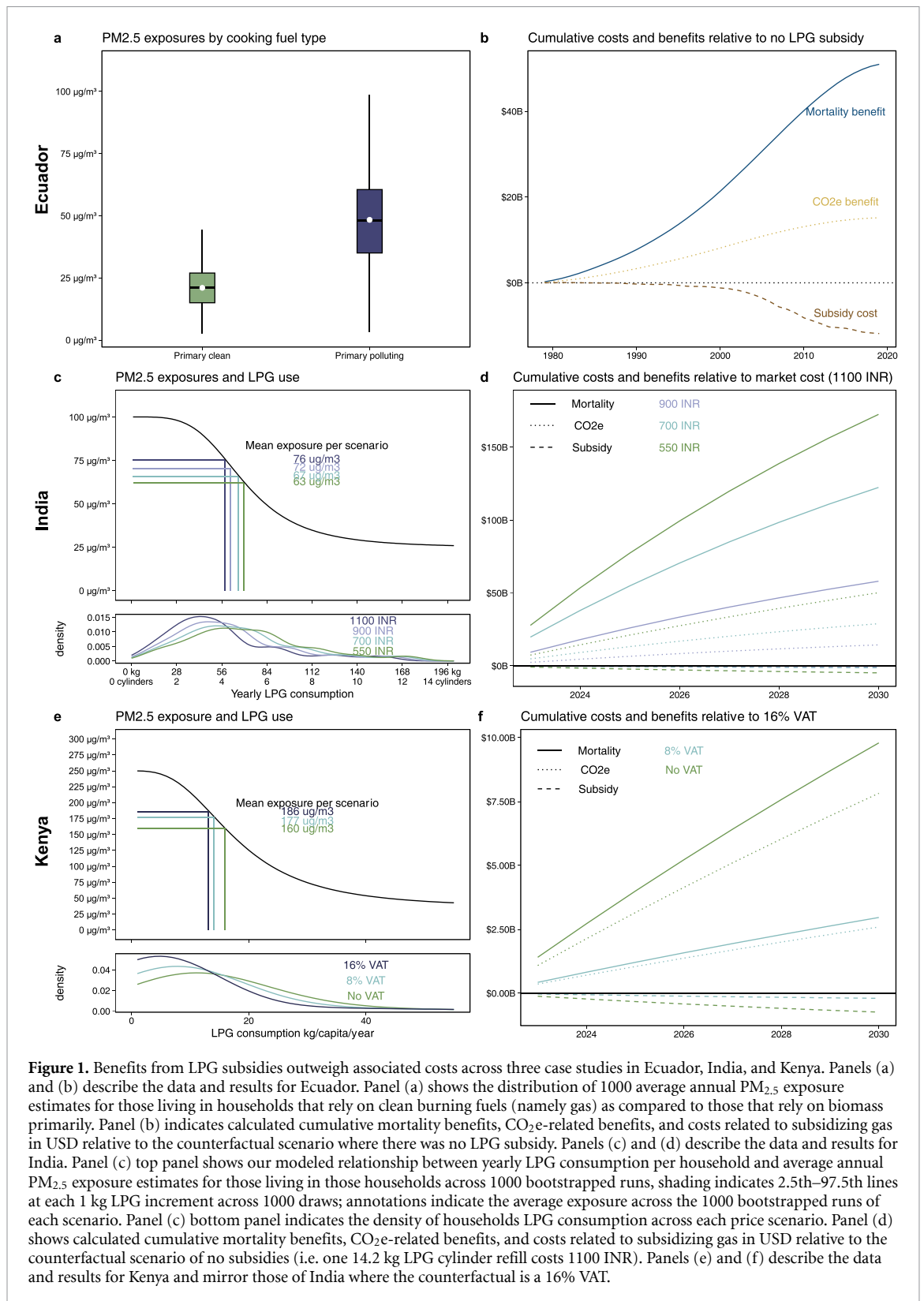
1. Context of cooking fuel programs in Ecuador, India, and Kenya

Before conducting our analysis, it is worth introducing the context of LPG and related programs in our study countries. In Ecuador, LPG cylinder refill costs for all residential consumers are directly subsidized at point of sale (subsidy is ~\$0.67/kg, 90% market cost). Since there is no restriction on the number of cylinder refills that can be purchased for most of the country, this universal and untracked subsidy leads to disproportionate subsidy capture by the wealthy (though use among the comparatively less wealthy is still high) [23]. There is also some leakage, both to neighboring countries and non-residential users. In India, LPG cylinder refills are purchased at market rates and subsidies are subsequently deposited into customers' bank accounts (~\$0.33/kg, 45% market cost). LPG cylinder refill costs are centrally dictated each month and there is little variation in costs within states. Eligible (income-poor) customers can avail themselves of nine subsidized refills yearly. India's direct-deposit approach limits leakage and can enable flexible subsidy targeting; however, it also introduces barriers for the unbanked and for those that struggle to pay the upfront cost. In Kenya, LPG prices are not controlled and are directly influenced by international markets. As part of efforts to expand LPG use to 35% of the population primarily cooking with LPG by 2030 (from 20% in 2016), the Kenyan Treasury removed the 16% VAT on LPG, which effectively served as a 16% price cut for consumers. However, the 16% VAT on LPG was reinstated in 2021 amid COVID-19 related budgetary strain. As a result, LPG prices rose to \$1.62/kg and have recently reached \$1.73/kg.

2. Development and impact of long-standing gas subsidies in Ecuador

In the 1970s, Ecuador's petroleum boom spurred government spending on welfare-enhancing programs to generate political support, including a universal subsidy for residential LPG that began in 1979. Per capita LPG consumption grew by an average of 31% annually in the 1970s, by 12% in the 1980s, and by 4% from 1990–2010. From 1979–2019, the LPG subsidy cost the government \$13.3 billion (0.8% of GDP and 2%–5% of government spending) (table 1).

To model averted deaths from increased LPG adoption for cooking since 1979, we combine nationwide mortality rates, population counts, the fraction of households using a clean-burning fuel for cooking, personal fine particulate matter (PM_{2.5}) exposures for



cooking with firewood versus gas (figure 1(a)), and existing PM_{2.5} exposure-mortality relationships [24] (Methods). We compare observed LPG scale-up to a counterfactual scenario where Ecuador's transition is slowed by 20 years, mirroring adoption in neighboring Peru.

We calculate that 98 000 premature deaths were averted between 1979–2019 because of subsidy-induced accelerated LPG uptake. This estimate agrees with similar modeling from the Global Burden of Disease and with regression evidence that relates yearly mortality rates with cooking fuel use from

Table 1. Health and climate impacts of LPG subsidies in Ecuador, India, and Kenya.

	Ecuador (1979–2019)	India (2023–2030)	Kenya (2023–2030)
LPG-using households	4 million	96 million	30 million
Consumer LPG refills costs			
Subsidized	\$0.17/kg	\$0.47/kg (50%) \$0.59/kg (36%) \$0.76/kg (18%)	\$1.45/kg (0% VAT) \$1.59/kg (8% VAT)
Market	\$0.54/kg	\$0.93/kg	\$1.73/kg (16% VAT)
Total LPG subsidy cost (Ecuador, India)/Anticipated VAT Revenue (Kenya)	\$13 billion	\$0.6–4.8 billion	\$0.2–0.7 billion
Net climate and health benefits	\$73 billion	\$72–223 billion	\$5.4–17.6 billion
Total averted deaths	96 thousand	330–983 thousand	15–50 thousand
Net CO ₂ e avoided	0.05 megatons	122–338 megatons	2.4–7.1 megatons

LPG = liquefied petroleum gas; CO₂e = carbon dioxide equivalent; PMUY = *Pradhan Mantri Ujjwala Yojana*; INR = Indian Rupee (83.17 INR = 1 USD as of 16 October 2023); VAT = value added tax. Ranges shown indicate the average of ‘low’ and ‘high’ subsidy scenarios.

1990–2019 at the canton level (see SM). To quantify program impacts on CO₂e, we apply standard estimates of energy demand and fuel emissions (Methods); we estimate that actual LPG scale-up avoided 52 kilotons CO₂e from 1979–2019, i.e. 22% fewer cooking-related emissions in the country. Monetizing mortality and climate changes indicates that benefits from the LPG subsidy outweigh costs four to one (table 1, figure 1(b)).

3. Benefits from maintaining the world’s largest LPG subsidy in India

More than 500 million Indians live in a home that recently acquired an LPG stove via the large-scale government program *Pradhan Mantri Ujjwala Yojana* (PMUY); nevertheless, an estimated two-fifths of Indian households continue to cook primarily with biomass. While PMUY has been rightly heralded as a success, access alone is not enough: sustained, near-exclusive clean cooking fuel use is necessary to maximize health and climate benefits. For LPG to be used regularly, it must be affordable. Historically, PMUY beneficiaries purchased cylinder refills at market rates. Subsidies, which can defray up to 45% of the market cost, are subsequently deposited into customers’ bank accounts. However, the Government of India almost entirely cut the 2023–2024 budget allocated to subsidizing LPG [25], dimming hopes for a more complete transition to clean fuels; as of July 2023, a fraction of subsidies for LPG consumers were restored.

To estimate the benefits of different levels of the LPG subsidy for PMUY beneficiaries, we consider three scenarios for the cost to consumers of an LPG cylinder refill—the 2019 subsidized cost (550 INR), the current subsidized cost (700 INR), and a more modest cost of 900 INR—each of which we compare to current market cylinder refill costs (1100 INR). We estimate kilograms of LPG consumed

per year per household from nationally representative survey data collected in 2019. We map consumption to personal PM_{2.5} exposures, drawing on a recent clinical trial of a free LPG stove and fuel intervention where PM_{2.5} exposures were extensively measured [10] (figure 1(c)). Using LPG price elasticities recovered from a randomized subsidy experiment in rural India among PMUY beneficiaries [26], we estimate that, with the LPG subsidy, LPG consumption increases and personal PM_{2.5} exposures decrease (figure 1(c)). Using existing exposure-mortality risk curves [24] and population data from 2023–2030, we translate estimated increased PM_{2.5} exposures to changes in relative risks and predicted yearly crude mortality rates.

With even the smallest subsidy, we estimate an average of 330 000 premature deaths averted by 2030; averted deaths are three times larger when refills are subsidized down to 550 INR. For climate impacts, we predict that LPG subsidies would avoid 120–340 megatons CO₂e. Across subsidy scenarios, relative to a price of 1100 INR per cylinder refill, after applying a social discount rate of 9%, averted mortality benefits total \$58–173 billion and avoided CO₂e emissions total \$14–50 billion; in comparison, these LPG subsidies could be expected to cost \$0.6–4.8 billion (table 1, figure 1(d)).

4. Encouraging clean cooking through the removal of a value added tax in Kenya

In Kenya, LPG use has grown in the last fifteen years: from 4% of households primarily using LPG in 2006, to 13% in 2016, to 30% in 2022. In recent years, Kenya has experimented with a value-added tax on LPG: first, the long-standing 16% VAT was reduced to 0% in 2016 to encourage LPG adoption; it was then re-established at 16% in 2021 in response to the financial pressures of COVID-19; most recently, in July 2022,

the VAT was halved to 8% to enhance affordability during international petroleum price surges.

To model the health and climate benefits of the potential removal of the VAT between 2023–2030, we first generate estimates of yearly LPG consumption among LPG users in Kenya. We then map LPG consumption to mean personal PM_{2.5} exposures, drawing on Kenya-specific estimates (figure 1(e)). Next, we use observational evidence of within-household declines in LPG consumption due to the reinstatement of the VAT in 2021 to infer household price sensitivities. We apply these price sensitivities (1) to a case where the 16% VAT is removed and prices decline by proportionally and (2) to an alternative scenario where the VAT is 8%. Given that historical evidence suggests that the removal of the VAT may encourage further LPG adoption among current non-adopters, we additionally simulate varying levels of increasing LPG adoption at 0.5% (baseline), 1% (8% VAT), and 1.5% (0% VAT) per year. We then relate population shifts in LPG consumption to changes in pollution exposures and to relative risks of mortality, and then apply these estimates to predicted yearly crude mortality rates and population data to estimate changes in mortality. We similarly infer changes in biomass consumption and estimate changes in CO₂e emitted due to the VAT removal using energy equivalences.

In the absence of the VAT, 30 000 premature deaths would be averted between 2023–2030 in Kenya (table 1), decreasing national household air pollution related mortality by 20%. Net CO₂e would be reduced by 7 megatons; biomass use is less renewable in Kenya, so it is relatively more emitting than other case studies due to lower rates of CO₂ re-absorption. Averted mortalities are equivalent to \$9.8 billion and averted CO₂e to \$7.8 billion (figure 1(f)). If the VAT were halved, our estimates are reduced by one-third. Still, the VAT is an economic tool to generate capital; based on the amount of predicted LPG consumption, we estimate that the 16% VAT would be expected to generate \$740 million in revenue between 2023–2030 (~0.1% of expected government spending) (figure 1(f)).

5. Conclusions

Some caveats apply to our analysis. Our averted mortality estimates are sensitive to our choice of exposure-mortality relationship [27], our ability to estimate exposures under different cooking fuel scenarios, and on population and mortality data. Monetized emissions and subsidy costs are also subject to error owing to data constraints. We focus on readily quantifiable benefits (mortality and emissions), and do not account for other benefits of cleaner cooking including women's empowerment, reduced health-care expenditures, and to local environments [28]. We quantify costs related to directly subsidizing

fuels, but broader investments along the fuel supply chain may be necessary to support growth in LPG use, though these may also offer opportunity for local job growth. Noting uncertainties associated with our assumptions—which we aim to quantify through bootstrapping and through alternative scenario modeling—we focus on the direction and magnitude of relative differences between costs and benefits as opposed to individual values. Even under our most conservative monetization approaches, benefits of LPG subsidy programs outweigh costs in all three case studies (see SM figures 1 and 2 for full results).

Those who oppose fossil fuel subsidies argue that their removal is pro-climate, pro-health, and pro-poor [29, 30]; for cooking gas subsidies, we contend otherwise. Given the popularity of gas subsidies among biomass users, it is perhaps unsurprising that their removal—typically motivated by budgets—can be challenging. Previous efforts to remove gas subsidies in the three countries described here have been unpopular; governments may thus be understandably reticent to consider such subsidies. As the longest standing LPG subsidy program among our case studies, Ecuador's experiences may be particularly salient. While the universal, untargeted LPG subsidy was established at a time when Ecuador was rich in petroleum resources, in the decades since, the country has become increasingly reliant on imported LPG. Volatile international petroleum prices, the fixed cost of subsidized cylinders, and growing demand have placed pressure on government budgets. Attempts to reduce or remove the LPG subsidy in 1999, 2005, 2012, 2014, 2018, and 2019 led to public unrest. Today, Ecuador's response to this challenge is to promote an even cleaner alternative: induction electric cookstoves powered by renewable energy, an effort that has plausibly already begun to yield climate and health benefits [31].

While gas is usually better for climate and health than biomass, electricity powered by renewable sources is a better option still. Thus, some argue for a transition directly from biomass to electricity. We do not view subsidizing gas and encouraging electric cooking as mutually exclusive paths. Many around the world, in both developing and industrialized nations, use gas and electricity for cooking, e.g. they have a gas stove, a microwave, and a hot water kettle. Further, the supply chains for electricity and gas are complementary. As observed during the Covid-19 pandemic, gas cylinder delivery can be interrupted when vehicle movement is restricted, which can lead to increased reliance on biomass [32]; electricity networks are resilient to these restrictions. At the same time, in many regions where biomass remains prevalent, electricity provision may at times fail or be insufficient, in which case 'falling back' to gas is a better option than reverting to biomass. A resilient clean household energy transition thus may rely on both electricity and LPG

until such time that electricity distribution is sufficient, reliable, and sustainably sourced.

Gas, a transitional fuel available at scale now, is an intermediate step toward the better solution of cooking with electricity from clean, renewable sources. For those where that ideal is already an option, it should be aggressively pursued. Unfortunately, for many around the globe, that ideal is decades away. Until then, targeted and subsidized fossil fuels can fulfill the promise of healthier lives.

6. Methods

6.1. Estimating changes in mortalities

Our modeled estimates of the averted mortality from clean cooking fuel scale up in Ecuador rely on the fraction of households primarily using a clean cooking fuel linearly interpolated between decennial census years, predicted primary clean cooking fuel use absent the subsidy which approximates the observed data lagged by 20 years, all-cause all-age mortality rates from the World Health Organization, average PM_{2.5} exposure estimates for those using clean cooking fuels primarily and those that are not based on in-country personal air pollution exposure monitoring drawn from truncated normal distribution where means were 50 $\mu\text{g m}^3$ (sd = 20 $\mu\text{g m}^3$) for primary polluting fuels and 25 $\mu\text{g m}^3$ (10 $\mu\text{g m}^3$) clean (see figure 1), and an exposure-response function that translates those exposures into changes in all-age all-cause mortality risk—the Global Exposure Mortality Model (GEMM) (see Supplement).

For India and Kenya, we rely on the logic that increases in LPG cylinder refill prices will reduce LPG consumption and increase biomass combustion. When biomass combustion increases, personal PM_{2.5} exposures increase, health risks increase, and all-cause, all-age mortality increase. Similarly, CO_{2e} emissions go up because biomass stoves are less efficient and emit greenhouse gases more than LPG per unit energy delivered. To estimate mortality changes for plausible LPG cylinder refill price changes, we draw on distributions of LPG consumption from household surveys, an empirically-derived LPG price elasticities from (quasi-)experimental in-country studies [26, 33] (we assume that higher-consuming households are wealthier and more price inelastic), in-country personal PM_{2.5} exposure modeling among households using levels of LPG use (see figure 1), population and crude mortality rate projections from 2023–2030, and the GEMM exposure-response relationship (see SM).

The Value of a Statistical Life is a dollar value that is meant to represent the aggregated, population-level

willingness to pay for reductions in mortality risks—it is typically scaled to local contexts. While the US Environmental Protection Agency suggests that when conducting cost-benefit analyses one uses a central estimate of \$7.4 million (\$2006), updated to the year of analysis, we identify country-specific estimates for VSLs. In Ecuador, we select a preferred VSL of 820 000 USD [34], in India we select 640 000 [35], and Kenya 230 000 [35]. We apply social discount rates of 5% throughout, and test alternative VSLs (see SM).

We bootstrap each case study 1000 times drawing from distributions for LPG use—exposure relationships and also, for India and Kenya, in the price elasticities; values reported represent the mean. SM figure 1 shows the full range of bootstrapped estimates across choices of VSLs.

6.2. Changes in carbon emissions

We estimate total energy consumption from each fuel and then translate these combustion estimates to emissions using standard assumptions about daily energy consumption, fuel-specific combustion emissions, and the fraction of biomass that is renewably harvested (fNRB) using a reduced form of the approach outlined in Floess *et al* [12] (see Supplement). Kilograms of biomass are estimated as a direct function of LPG via energy equivalences and stove efficiency. In each case study, we estimate 1000 iterations of kilograms of LPG and biomass combusted in each year in both scenarios, translate these to CO_{2e} emitted, and take the difference across counterfactuals. We rely on Burke *et al* [36] to monetize changes in CO₂ emissions in all three case studies (i.e. a social cost of carbon [SCC]). Year-specific values range from \$379/tCO₂ in 1980 to \$203/tCO₂ in 2020; future damages are discounted as described in the mortality modeling section. We test two alternative SCCs: \$1000/tCO₂ and \$100/tCO₂, drawing from recently-published research [37] and the EPA's 'low' SCC estimate [38], respectively, rounded to the nearest \$100. SM figure 1 shows the full range of bootstrapped estimates across choices of SCCs.

Data availability statement

The data that support the findings of this study are openly available at the following URL/DOI: <https://doi.org/10.7910/DVN/X28U5R> [39].

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Formal Analysis: C F G, A P, S B S

Resources: S B S, R B

Writing—Original Draft: C F G, A P, S B S

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Conflict of interest

Authors declare that they have no competing interests.

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